

HUNTINGTOWN HIGH SCHOOL

CLASS OUTLINE: MRS. SAMMONS

AP PSYCHOLOGY: 2020-2021

Welcome to AP Psychology!

I am looking forward to an exciting and successful school year, and I hope that you are too. In order for us to work together most effectively, some guidelines are necessary. Listed below are the class rules, materials you will need each class, explanations of requirements and evaluations, along with the attendance policy. Please read them carefully and let me know if you have any questions. As I am sure you are all aware, there are some unknowns about next school year. What is going to remain true regardless of the structure of our school day is that you are going to learn about what I consider to be the most fascinating subject- human behavior. In the process, we are going to make the best of the situation we are given. I truly love teaching this class and I am happy that you made the decision to take AP Psychology.

What exactly will be learning about this year? While we will be examining research on several different topics within the field, we will be focusing on the importance of scientific research methods and ethics when it comes to analyzing some of the “common sense” parts of psychology.

I know we will make this a great year!

Sincerely,

Mrs. Sammons
sammonsj@calvertnet.k12.md.us

SUMMER ASSIGNMENT

1) Register for our class website. Once you register, explore our website- I hope to add to this before we meet face to face. Use the link below to register. Use your school e-mail, then set up a username and password:

Go to <https://www.myhaikuclass.com/mrsjsammons/apppsychology2020-2021/signup> and entering VX9HD.

2) Register for our class remind. Link is below:

<https://www.remind.com/join/34bgdh9>

3) Tell me about yourself- I can't wait to meet you and start talking . about psychology! Post to my class Flipgrid introducing yourself. Be sure to share anything that you think I should know to help make this year the best it can be. I will be viewing this, but I will NOT be posting them for others to view- so don't freak out if you post something and then you can't see it! The link to this Flipgrid is below:

<https://flipgrid.com/3e78e168>

4) Read over the syllabus below.

5) Have a great summer- and please look forward to this class. It truly is a fascinating subject and I have NEVER been more excited to get back in the classroom! Get pumped!

CLASS RULES:

1. Always arrive on time.
2. Be prepared- bring all materials to class (book, folder, writing utensil, etc.).
 - **YOU MUST BRING A PENCIL ON TEST DAYS!!!**
3. Come to class ready to learn.
4. Display your best effort every day.
5. Show respect for your classmates, the teacher, and objects in the room.
6. Take care of personal needs prior to class.
7. **Do not leave/pack up until the teacher dismisses the class. (Personal Pet Peeve)**
8. **BE KIND- Treat everyone with respect.**

MATERIALS NEEDED EACH CLASS:

- 10 pocket folders
- pen and pencil/paper
- index cards (10/unit: 9 units)

EVALUATIONS:

1. A major test will be given after each unit of study. The test will mimic the format of the AP exam.
2. Homework will be assigned at least twice a week.
3. Unit Folders will be created for each unit. Depending on whether we are face to face or distance learning, folders may be collected and graded at the end of each unit.
4. Class participation is a requirement in order to demonstrate the understanding of the material. Your class participation grade can be negatively affected by being unprepared for class or causing class disruptions. This is true for in class and distance learning.
5. Cooperative group work, reports, and projects will be graded. You will be assigned a family (a group) in my class. Collaboration may occur online and in class.
6. Announced and unannounced quizzes will be given.

ATTENDANCE:

County guidelines regarding absences and tardiness will be strictly enforced. It is YOUR responsibility to get any missed warm-ups/objectives/notes and to find out what make-up work you need to complete. Work must be completed within a timely manner (1-3 days).

AP TEST ⇨ MAY 11

Textbook: Myers, D.G. (2011). *Psychology for AP*. New York, Worth Publishers.

Unit 1- Scientific Foundations of Psychology (14 days):

Introduction & Chapter 1

- A. History of Psychology
- B. Perspectives in Psychology
 1. Biological
 2. Behavioral
 3. Cognitive
 4. Humanistic
 5. Psychodynamic
 6. Sociocultural
- C. Research
 1. Correlational
 2. Experimental
- D. Statistics
 1. Descriptive
 2. Inferential
- E. Ethics in Research

Unit 2- Biological Bases of Behavior (18 days):

Chapter 2, 3, & 7

- A. Physiological Techniques
- B. Neuroanatomy
- C. Functional Organization of Nervous System
- D. Neural Transmission
- E. Endocrine System
- F. Genetics
- G. Sleep and Dreaming
- H. Psychoactive Drug Effects

Unit 3- Sensation and Perception (12 days):

Chapters 5 & 6

- A. Thresholds
- B. Sensory Mechanisms
- C. Sensory Adaptation
- D. Attention
- E. Perceptual Processes

Unit 4- Learning (12 days):

Chapter 8

- A. Classical Conditioning
- B. Operant Conditioning
- C. Social Learning
- D. Cognitive Processes in Learning

Unit 5- Cognitive Psychology (22 days):

Chapters 9, 10, & 11

- A. Memory
- B. Language
- C. Thinking
- D. Problem Solving and Creativity
- E. Standardization and Norms
- F. Reliability and Validity
- G. Types of Tests
- H. Ethics and Standards in Testing
- I. Intelligence
- J. Heredity/Environment and Intelligence
- K. Human Diversity

Unit 6- Developmental Psychology (12 days)

Chapter 4

- A. Life-Span Approach
- B. Research Methods (longitudinal/cross-sectional)
- C. Heredity-Environment Issues
- D. Developmental Theories
- E. Dimensions of Development
 - 1. Physical
 - 2. Cognitive
 - 3. Social
 - 4. Moral
- F. Sex Roles & Sex Differences

Unit 7- Motivation, Emotion, & Personality (22 days)

Chapters 12, 13, 14, & 15

- A. Biological Bases
- B. Theories of Motivation

- C. Hunger, Thirst, Sex, and Pain
- D. Social Motives
- E. Theories of Emotion
- F. Stress
- G. Personality Theories and Approaches
- H. Assessment Techniques
- I. Self-concept & Self-esteem
- J. Growth and Adjustment

Unit 8- Abnormal Psychology (22 days):

Chapter 16 & 17

- A. Definitions of Abnormality
- B. Theories of Psychopathology
- C. Diagnosis of Psychopathology
- D. Anxiety Disorders
- E. Somatoform Disorders
- F. Mood Disorders
- G. Schizophrenic Disorders
- H. Organic Disorders
- I. Personality Disorders
- J. Dissociative Disorders
- K. Treatment Approaches
 - 1. Insight Therapies- Psychodynamic
 - 2. Behavioral Approaches
 - 3. Cognitive Approaches
 - 4. Biological Approaches
- L. Types of Therapy (individual/group)
- M. Community and Preventive Approaches

Unit 9- Social Psychology (12 days):

Chapter 18

- A. Group Dynamics
- B. Attribution Processes
- C. Interpersonal Perception
- D. Conformity, Compliance, Obedience
- E. Attitudes and Attitude Change
- F. Organizational Behavior
- G. Aggression/Antisocial Behavior

REMINDERS/HELPFUL INFORMATION

First day of school is **Tuesday, September 1.**

Please have your textbook covered by the first day of school.

TIPS FOR TAKING NOTES:

Most of our homework assignments are readings. You will be expected to take notes on those readings in order to synthesize information from the textbook throughout the year. Beginning with Unit 2, you can use whatever note-taking *format works for you*. If you would like to continue to use the color coded note system that is required for the summer reading you may do so but there are other options for note-taking.

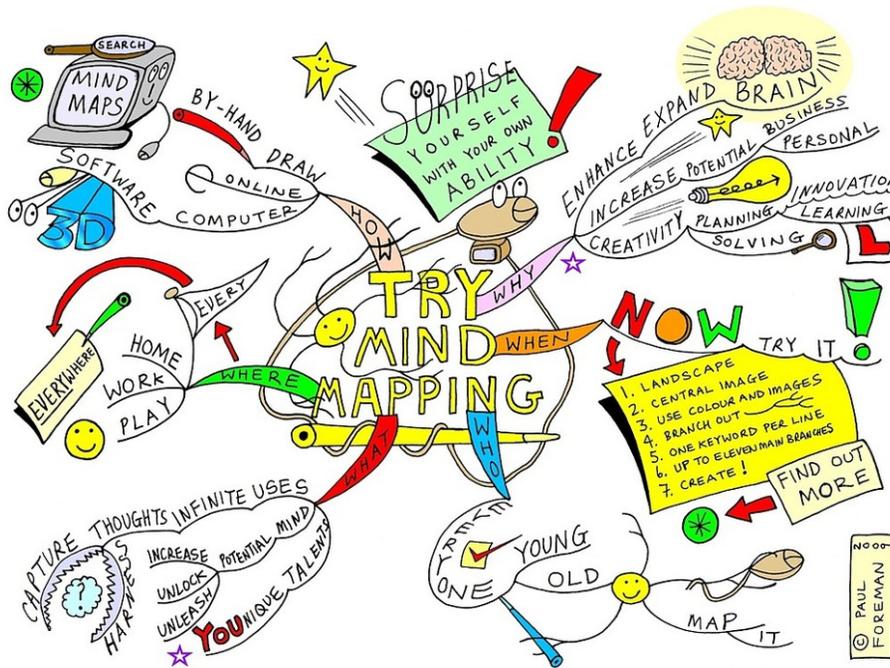
Three common options are:

- **Color coded notes**

Steps for color codes notes:

- 1) Write the two main headings in **black pen**
- 2) Take each bolded subsection of the chapter and, with your **red** pen, turn it into a question in the top center of your notebook paper

- 3) Underneath your heading, list each vocabulary word from this section in **blue** on the left side of your paper.
 - 4) Next, in the center of the page use a **green** pen to write an accurate definition of each term to the left. You can also use the green pen to jot down any other information that you feel will be helpful in answering the question in red.
 - 5) On the right side of your paper, use a **purple** pen to add reflections, comments, or questions in order to personally connect to the material. (A simple “that’s neat” won’t cut it.)
 - 6) Finally, in **pencil**, write a summary.
- **Traditional outlining**, then use that format:
 - I. Main Heading
 - A. Subheading
 1. Information
 - a) Supporting details
 - 1) Supporting details
- **Concept Mapping/Mind Mapping**-If you process information visually or you draw all over your notes- then use concept maps/mind maps! Images can be used to define concepts where appropriate. Example of a concept map:



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Regardless of what format you end up using, make sure that you have included all key information but be careful to not include everything from the textbook- that would be copying and not outlining. ***If you were given an open note quiz you should be able to ace it using your memory of what you have read and your outline.***